

# Pet Health Records

A sample document for Cheldrop testing — Pets Set

## Annual Vet Visit Summary

The following table summarises annual check-up requirements for common household pets. All figures are general guidelines; always follow your vet's specific recommendations.

Pet	Vet Visits / Year	Vaccinations	Parasite Control
Dog	1–2	Annual boosters	Monthly (flea, tick, worm)
Cat	1	Annual boosters	Monthly (flea, worm)
Rabbit	1	Myxomatosis + RHD	As needed
Guinea Pig	1	None routine	As needed
Bird (parrot)	1	None routine	Feather/mite checks

## Common Signs of Illness to Watch For

**Dogs:** Lethargy, loss of appetite, vomiting, excessive thirst or urination, limping, changes in coat condition.

**Cats:** Hiding, not grooming, changes in litter box habits, sneezing, discharge from eyes or nose.

**Small mammals:** Laboured breathing, wet tail (rabbits/guinea pigs), reduced droppings, hunched posture.

**Birds:** Fluffed feathers, sitting at the bottom of the cage, loss of vocalisation, discharge around nostrils.

## Emergency Contacts

Keep your vet's number saved in your phone. In the UK, the PDSA and Blue Cross offer low-cost vet services. Out-of-hours emergency vets are listed on your regular vet's voicemail.